



Foundation-Institute Spiral, Madrid

PI: Leandro Palacios, MD, Clinical psychologist

Internship type: Addiction therapy

Internship Language: Spanish

Location: The Foundation is located at the street Alcalá 41, which is at 20 minutes metro ride from the Foundation Ortega y Gasset-Gregorio Marañón. <http://fispiral.com.es/>

Summary

Our institution is dedicated to treating addictions, alcoholism and mental disorders. Similar to alcohol and drugs abuse, mental disorders pose a risk to the individual's physical and emotional well-being and have important social impact. We address these disorders through clinical research, up to date clinical programs and the use of the latest advances in psychiatry, psychotherapy and psychology, as well as through public outreach and education. In our center we carry out programs and treatments for detoxification, rehabilitation, and social insertion. Much of the effort of this institution is oriented towards the clinical research and constant therapeutic updating. After several years of preparation and testing, in mid-2009 the Department of Psychometry was launched, designed for clinical evaluation and research, and equipped with technical and human resources whose objectives are clinical research, psychological and psychopathological evaluation, psycho-diagnosis and clinical/therapeutic support.

Methodology

We provide treatments in the following areas: mental health, alcoholism, drug addictions and social addictions (non-chemical). For this, we have our own clinical programs that are constantly updated and employ cutting-edge techniques, so that there is a synergy between the extensive experience of our professionals and the use of the latest advances in psychotherapy and psychiatry. We offer effective treatment programs tailored to each person's individual needs.

Activities

Students will work under supervision, their involvement will be observational and without a direct contact with patients. Depending on their knowledge, curiosity and time dedication, students will have the opportunity to learn about various aspects of the counselling process, case studies, session summary and observations. The research questions are generated by the faculty but approaches and methods are feasible for students participating in research for the first time. The internship is designed to maximize student experience and learning while doing meaningful research.

Requirements

Student's involvement is essential, as well as their intermediate -to-high level of Spanish language; they should demonstrate both good listening comprehension and verbal skills. Typically, students should have passed introductory psychology courses.