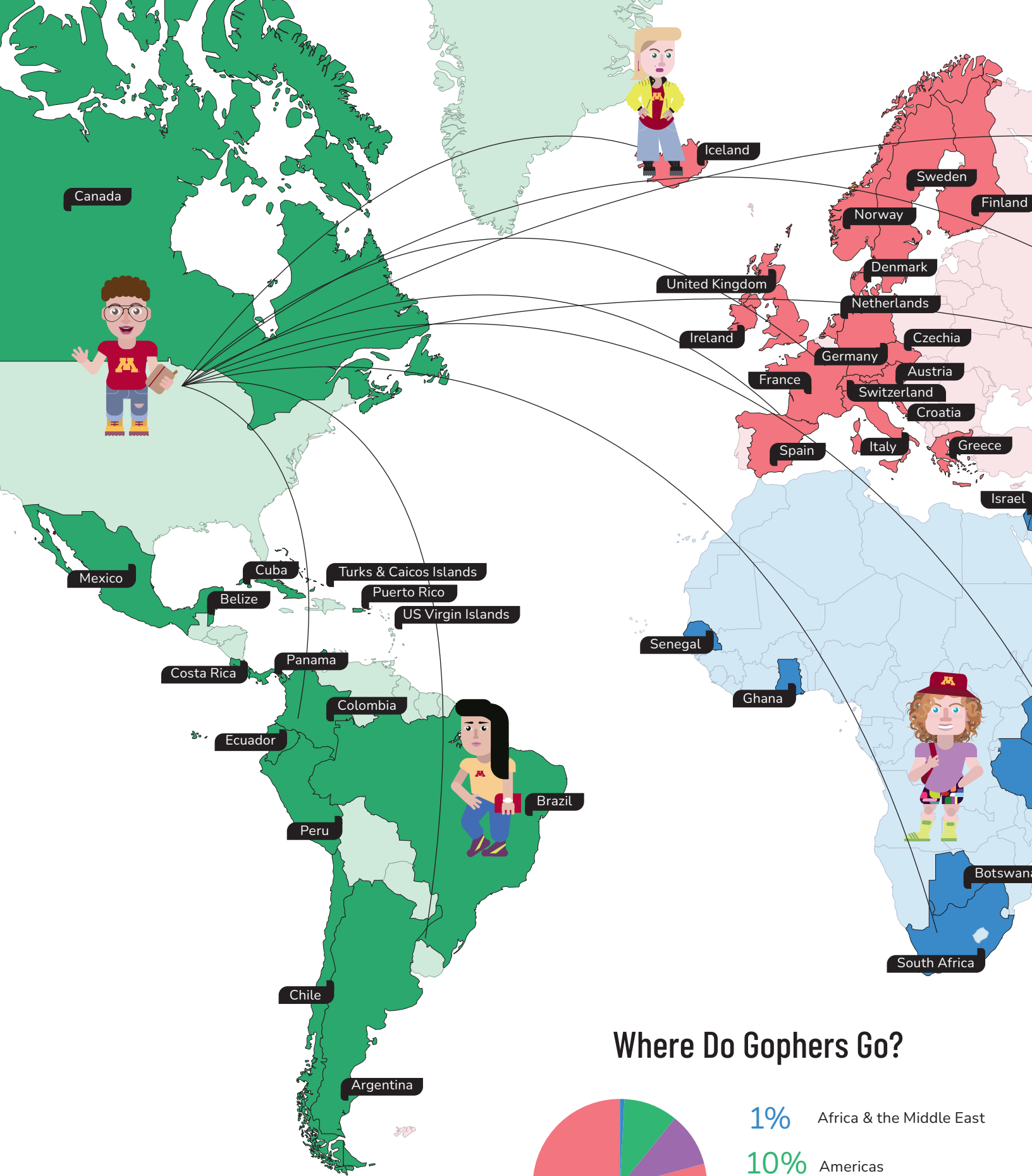


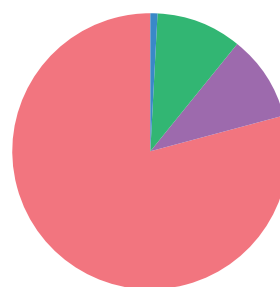
LEARNING ABROAD CENTER

UNIVERSITY OF MINNESOTA

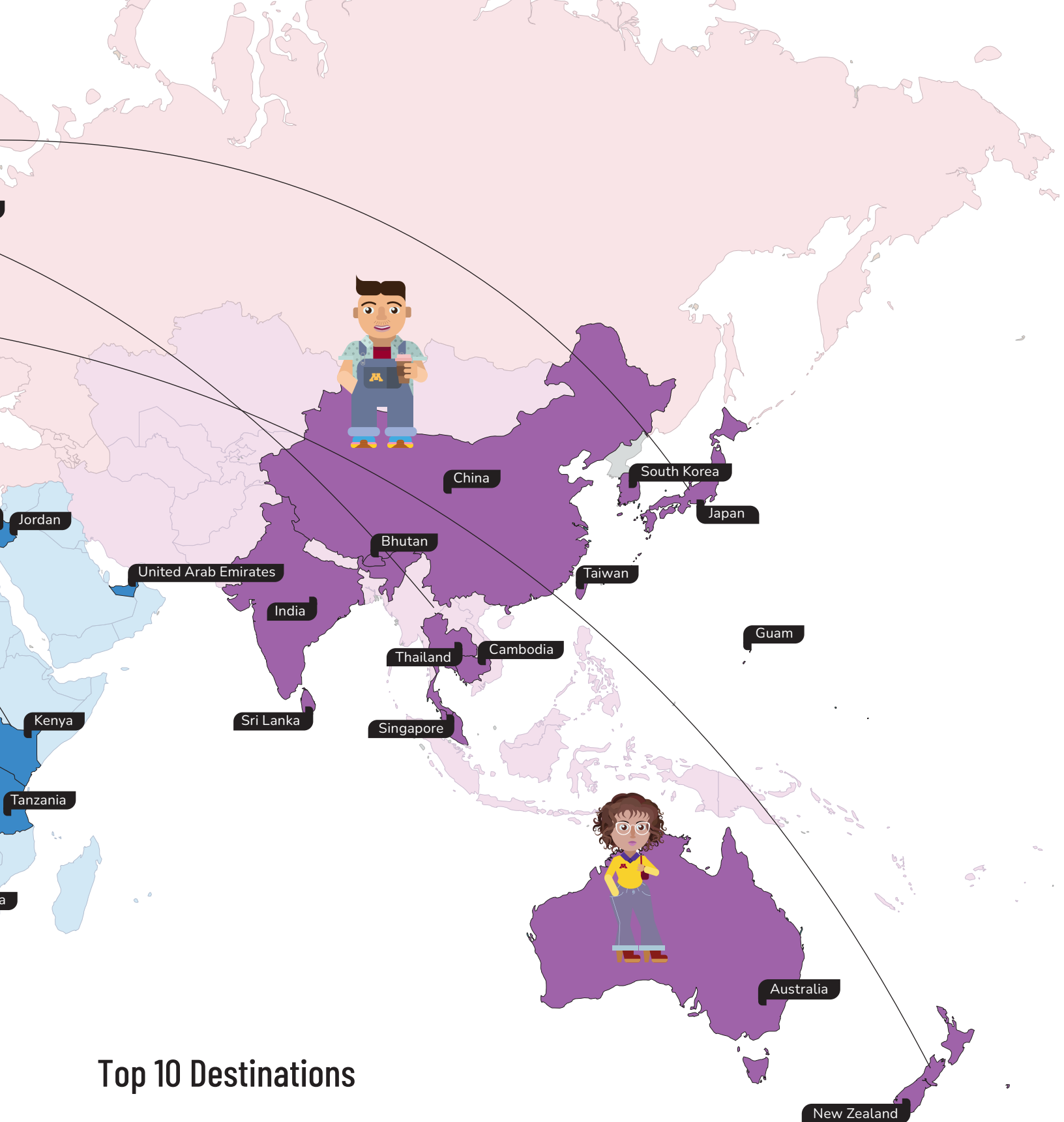




## Where Do Gophers Go?



- 1% Africa & the Middle East
- 10% Americas
- 10% Asia & Oceania
- 79% Europe

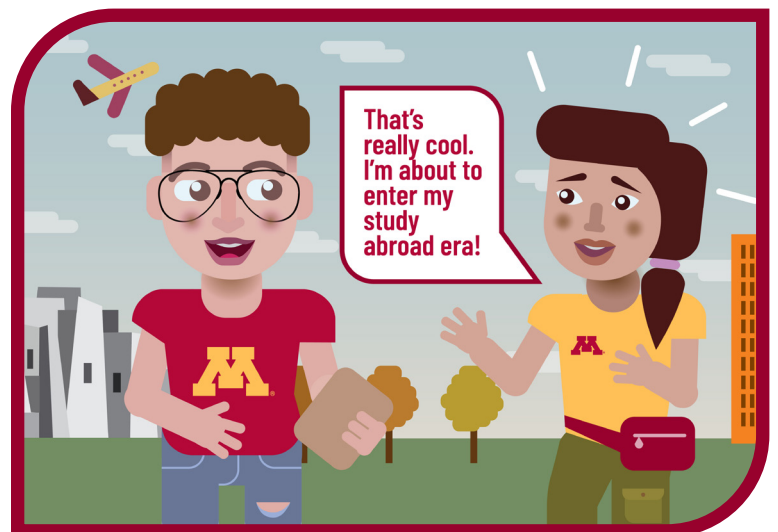
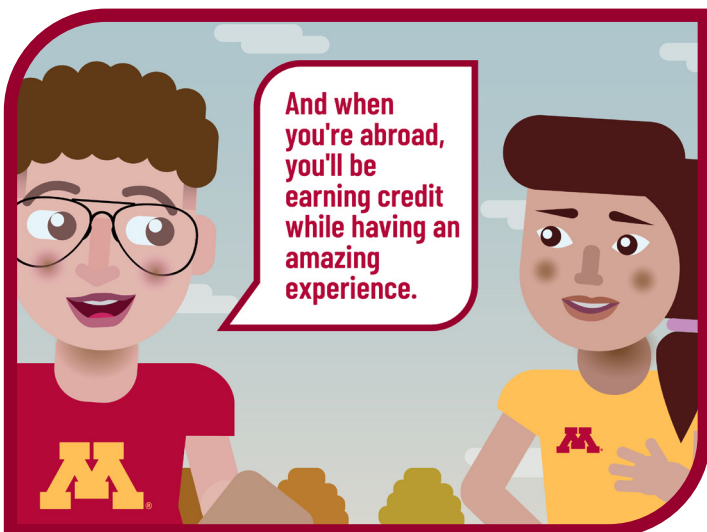
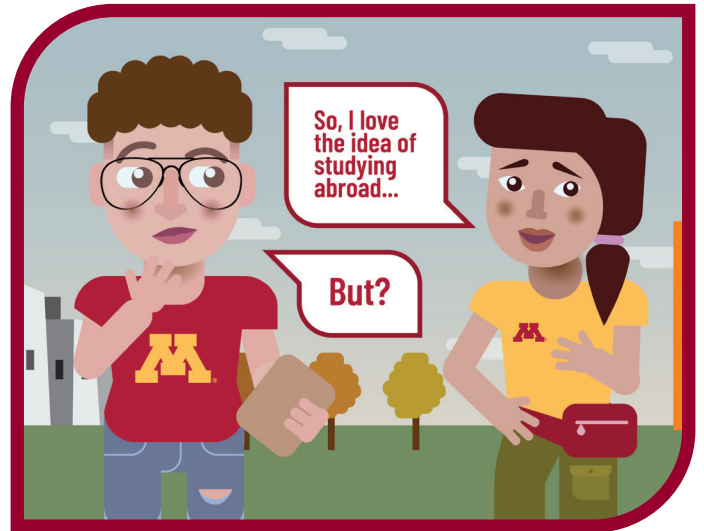
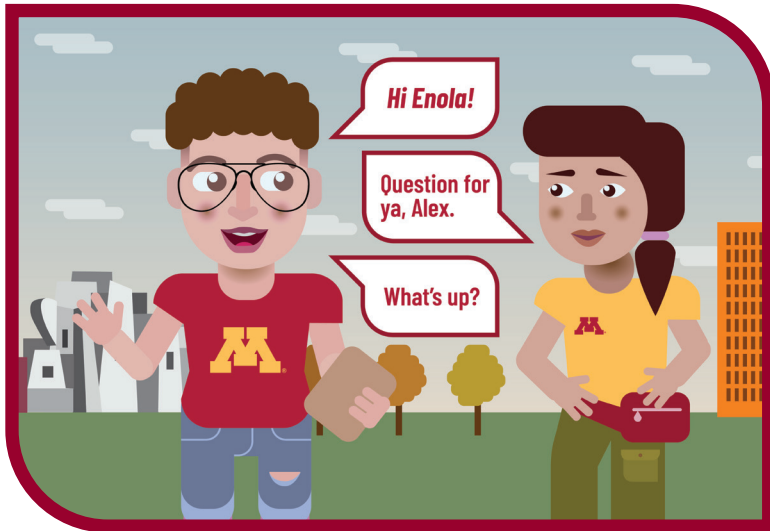


## Top 10 Destinations

- |                  |               |
|------------------|---------------|
| 1 Spain          | 6 Sweden      |
| 2 United Kingdom | 7 South Korea |
| 3 Italy          | 8 Greece      |
| 4 France         | 9 Denmark     |
| 5 Ireland        | 10 Germany    |

# Graduate on Time

Did you know that studying abroad doesn't delay graduation?



# Student Experiences



## Adam on Study Abroad in Mexico

"I cannot express enough how incredible and quickly the three weeks went by. Having weekend excursions to historical sites and to Mexico City with such a knowledgeable guide (who happens to run the school we attended in Cuernavaca!) was fantastic."

*Junior*  
Chemistry major



## Jessica on Study & Intern in Barcelona

"I learned that some of the beautiful experiences in life come from stepping out of my comfort zone. I was able to travel to 9 different countries and experience cultural diversity in the most authentic manner. The memories and experience will forever remain dear to my heart."

*Junior*  
Strategic communication major

# Choose Your Study Abroad Program

There is no one or best way to choose a program, but here are some aspects to consider.

## STEPS TO TAKE

- 1 Determine your goals. Consider your academic focus, geographic interests, learning style, personal identity, and career path.
- 2 Decide how long you want to study abroad. Programs range from ten days to a full academic year.
- 3 Search for a program. [UMabroad.umn.edu/programs](https://UMabroad.umn.edu/programs)

## PROGRAM MODEL

## DETAILS



Study Abroad Center

Offers customized classes and internships designed for UofM students studying abroad



Instructor-Led

Led by UofM faculty or staff; includes Global Seminars, Freshman Seminars Abroad, and programs offered by UofM colleges, departments, and units



Host-University Study

Allows integration into classes with students from the host country



Experiential Learning

Features structured academics outside of the classroom, including field research or experiential assignments



## Clara on MSID Senegal

“The people I interacted with...became nearly family for me. They taught me so much, not only about their culture but also about life, what it means to be human, how to be a good person.”

*Junior*  
Economics and French majors



## Sara on University Study in the United Kingdom: Queen Mary University of London

"I'm Bengali, and most of East End [London] is Bengali, so it's been so nice to be able to walk down the street and hear Bengali. That is something I've never been able to experience in my life. Feeling like I'm almost home, away from home, is something only East London can do."

**Senior**  
Health sciences major

## Study Abroad by the Numbers



4

Average years to graduation for a UMTC student who studies abroad



180

Number of programs in 50 countries



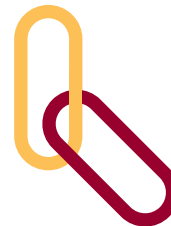
2,000+

Study abroad courses approved for UofM liberal education requirements



1,467

UofM students who went abroad in 2021-22



1,168

UofM students who met one on one with a Learning Abroad Center adviser

# You Can Study Abroad with Any Major

The list below represents Major Advising Pages (MAPs) we have created with partners in each department.

[UMabroad.umn.edu/students/maps](http://UMabroad.umn.edu/students/maps)

You can find an experience that will add value to your major and minor, fit your academic program, and accelerate your career and professional goals. Your academic adviser can help you determine the best programs and times for you to study abroad. Even if your major is not listed, you can still study abroad.

## CARLSON SCHOOL OF MANAGEMENT

Business

## COLLEGE OF BIOLOGICAL SCIENCES

Biological Sciences Coursework Abroad

CBS Pre-Health Students

Marine Biology Minor

Research/Fieldwork Abroad

## COLLEGE OF CONTINUING & PROFESSIONAL STUDIES

Construction Management

Health and Wellbeing Sciences

Health Services Management

Individualized Degree Programs

## COLLEGE OF DESIGN

Apparel Design

Architecture—BDA

Architecture—BS

Graphic Design

Interior Design

Landscape Architecture

Product Design

Retail Merchandising

## COLLEGE OF EDUCATION & HUMAN DEVELOPMENT

Business and Marketing Education

Early Childhood Education Foundations

Elementary Education Foundations

Family Social Science

Human Resource Development

Kinesiology

Special Education

Sport Management

Youth Studies

## COLLEGE OF FOOD, AGRICULTURAL, & NATURAL RESOURCE SCIENCES

Agricultural and Food Business Management

Agricultural Communications and Marketing

Agricultural Education

Animal Science

Applied Economics

Environmental Sciences, Policy, and Management

Fisheries, Wildlife, and Conservation Biology

Food Science

Food Systems

Forest and Natural Resource Management

Nutrition

Plant Science

Pre-Bioproducts and Biosystems Engineering

Sustainable Systems Management





## COLLEGE OF LIBERAL ARTS

African American and African Studies  
American Indian Studies  
American Studies  
Anthropology  
Art  
Art History  
Asian and Middle Eastern Studies  
Concentration: Chinese, Japanese, Korean, and Middle Eastern Studies  
Biology, Society, and Environment  
Chicano-Latino Studies  
Classical and Near Eastern Religions and Cultures  
Communication Studies  
Computer Science  
Cultural Studies and Comparative Literature and Studies in Cinema and Media Culture  
Dance  
Developmental Psychology  
Economics  
English  
French  
Gender, Women, and Sexuality Studies

Geography  
German, Nordic, Slavic, and Dutch  
Global Studies  
History  
Individualized Degree Programs  
Italian Studies  
Jewish Studies  
Music  
Philosophy  
Political Science  
Psychology  
Religious Studies  
Sociology General  
Sociology of Law, Criminology, and Justice  
Spanish and Portuguese  
Speech-Language-Hearing Sciences  
Statistical Practice/Science  
Strategic Communication, Journalism, and Mass Communication  
Technical Writing and Communication  
Theatre Arts  
Urban Studies

## COLLEGE OF SCIENCE & ENGINEERING

Science and Engineering

## SCHOOL OF NURSING

Nursing

## SCHOOL OF PUBLIC HEALTH

Public Health

## ADVISING RESOURCES FOR SPECIFIC COHORTS

Honors Students  
Leadership Minor Students  
Student-Athletes  
Students Exploring Majors

## INSTITUTE ON THE ENVIRONMENT

Sustainability Studies Minor

## PRE-PROFESSIONAL LEARNING ABROAD ADVISING RESOURCES

Medicine, Public Health, and Health Sciences  
Pre-Law

## THE CENTER FOR COMMUNITY-ENGAGED LEARNING

Community-Engaged Scholars Program

# You Can Earn Academic Credits

Our study abroad programs can help you progress toward graduation.

## LIBERAL EDUCATION REQUIREMENTS

Visit the U-Credit database to browse the many courses that have already been pre-approved for liberal education requirements. You can also submit any course not yet evaluated for approval online.

[ucredit.UMabroad.umn.edu](https://ucredit.UMabroad.umn.edu)

## MAJOR/MINOR REQUIREMENTS

Work with your academic adviser before applying for a program to ensure your courses are approved for major/minor requirements.

[UMabroad.umn.edu/students/maps](https://UMabroad.umn.edu/students/maps)

## CREDIT-BEARING INTERNSHIPS

International internships allow you to gain professional experience in your field while earning credits. Many of our programs offer internships.

## LANGUAGE REQUIREMENTS

Study abroad does not require foreign language proficiency.

However, you can complete second language requirements abroad. Intensive language programs are designed to provide more credit and/or accelerated language learning at beginning and intermediate levels. Advanced language programs help you refine and perfect your language skills.

# You Can Afford to Study Abroad

Study abroad can be affordable, especially when you compare program costs and consider financial aid and scholarships.

## COST COMPARISONS

Program cost varies widely depending on the program type, length, and destination. But in some cases, the difference between going abroad and staying on campus for a semester is less than \$6,000. For a sample cost comparison, see the chart on page 11.

## PROGRAM FEES

Program fees vary—but typically include tuition, fees, insurance, housing, and some meals. To help calculate your costs, visit the Learning Abroad Center or use our cost of participation sheets and cost breakdowns:

[UMabroad.umn.edu/students/finances](http://UMabroad.umn.edu/students/finances)

## FINANCIAL AID

You can apply most of your regular financial aid—federal, state, and university, as well as private loans, grants, and scholarships—to the cost of studying abroad. Your financial aid award will depend on the cost of your program and your eligibility.

## FINANCIAL AID PREVIEW MEETING

A financial aid counselor can help you review total program costs and your financial aid package before you confirm your spot on a program. To set up a meeting with a counselor who is familiar with study abroad, visit:

[z.umn.edu/scheduleFApreview](http://z.umn.edu/scheduleFApreview)

## SCHOLARSHIPS

Many scholarships are available to you, and the Learning Abroad Center is here to help.

Study abroad scholarships from the Learning Abroad Center range from \$1,000 to \$4,500.

Tips to consider:

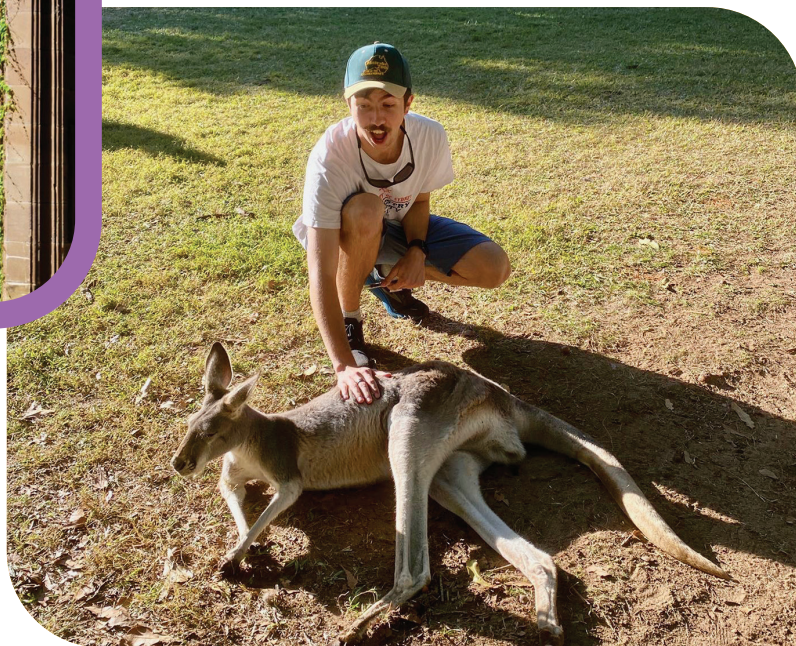
- Apply early! You can apply for study abroad scholarships before you've been admitted to a program or even applied to one.
- Look into scholarships from your college and department, as well as national awards
- Seek out program-specific scholarships and fee reductions



## Joe on University Study in Australia: University of Sydney

"Australia has opened my eyes to what a global perspective has to offer, all while providing a wonderful study abroad experience to complete my CSE degree in chemistry and CBS minor in biology! I've met lifelong friends from across the globe who have helped me discover unique experiences."

**Senior**  
Chemistry major  
Biology minor





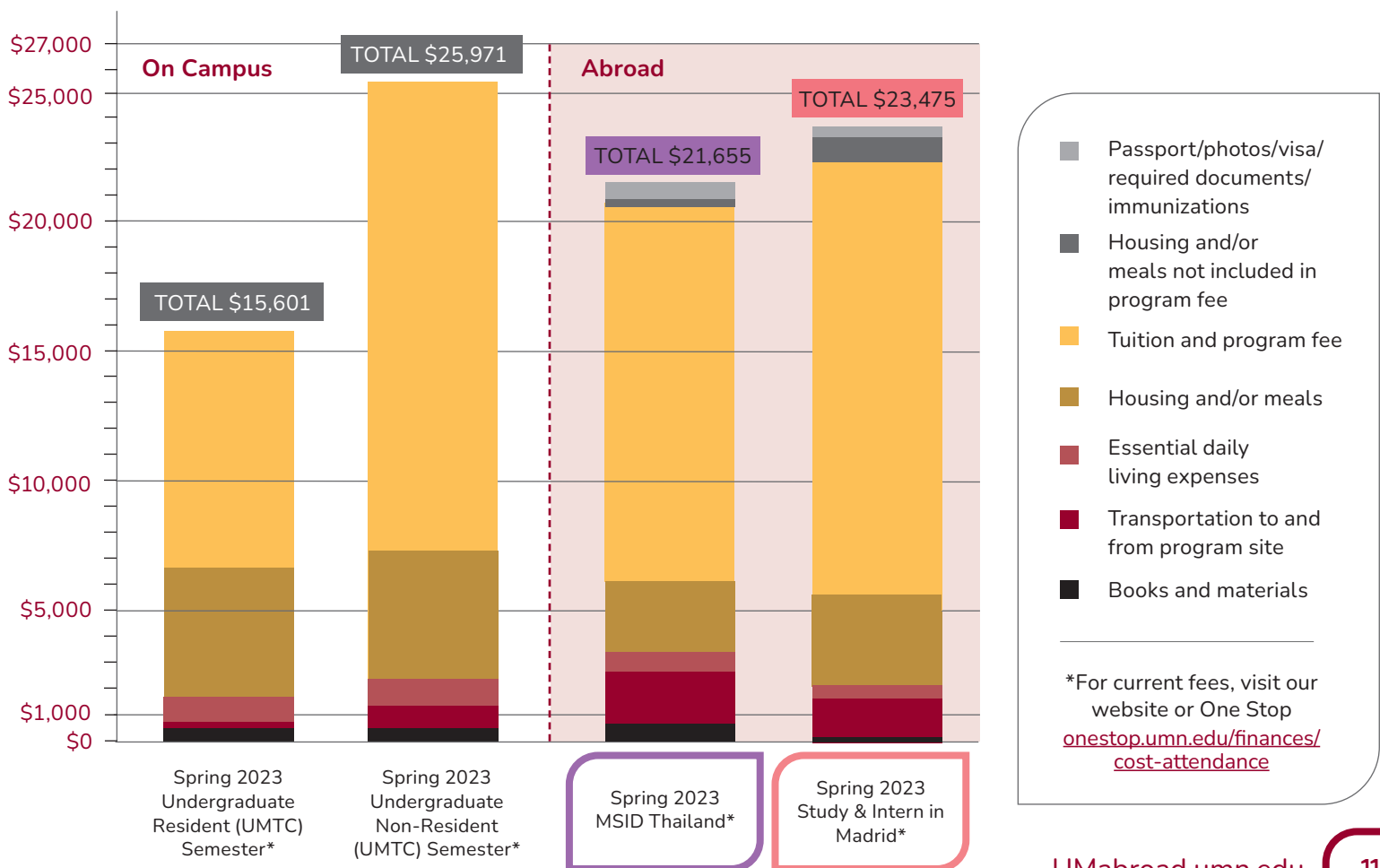
## Yusra on Minnesota Studies in International Development—Thailand

"I chose to intern at Saraphi Hospital in the Thai Traditional Medicine Unit so that I could learn more about holistic healing. A typical day consists of observing 10–15 patients, learning how to perform Thai traditional massage and practicing it, and planning or leading community outreach programs."

**Senior**  
Health sciences major

# You Can Afford to Study Abroad

This bar chart compares the estimated costs of staying on campus to going abroad (including airfare).



# Sample Student Experiences



## Andrew on Study & Intern in London

"I chose the London program because it came with an internship, and I really wanted to get that experience into my time here at the University of Minnesota. I'm a marketing and production intern at Live Canon, a nonprofit organization that does poetry publishing and live theatre production."

**Sophomore**  
Marketing major



## Hope on MSID Senegal

"During the internship phase of the program, I moved to Gorée island. My Gorée host family immediately made me feel at home, giving me a Senegalese name and introducing me to everyone as their new American daughter. I truly feel like I have a family halfway around the world."

**Junior**  
Environmental sciences, policy and management, and French studies majors

# Your Employability & Learning Abroad

Learning abroad is a smart way to differentiate yourself.

## PREPARE FOR YOUR CAREER

In today's globalized marketplace, employers seek those who demonstrate exposure to widely diverse people, cultures, ideas, and viewpoints.

- Incorporate learning abroad planning into your advising appointments, career counseling appointments, and faculty visits
- Maximize your study, intern, community engagement, research, or volunteer experience by linking it to your career interests and degree program
- Think about your academic and career goals before, during, and after your experience abroad
- Develop intercultural competencies appealing to potential employers and graduate schools

## CONNECT YOUR ABROAD EXPERIENCE TO YOUR FUTURE

While you're abroad, you can take a one-credit intercultural learning course to help position yourself as a competitive member of the global workforce.

In OLPD 3332: *Global Identity: Connecting Your International Experience to Your Future*, learn how to effectively articulate your study abroad experience to future employers, graduate or professional schools, and scholarship committees.

[UMabroad.umn.edu/students/academics/globalidentity](http://UMabroad.umn.edu/students/academics/globalidentity)



## Build Career Skills

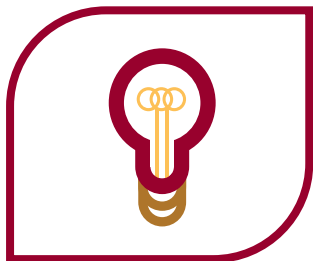
Studying abroad can help you develop these skills sought after by employers.



Ability to work in a team



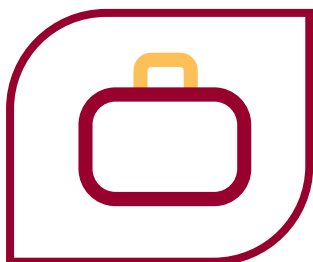
Effective interpersonal communication



Ability to learn new ideas quickly



Intercultural fluency

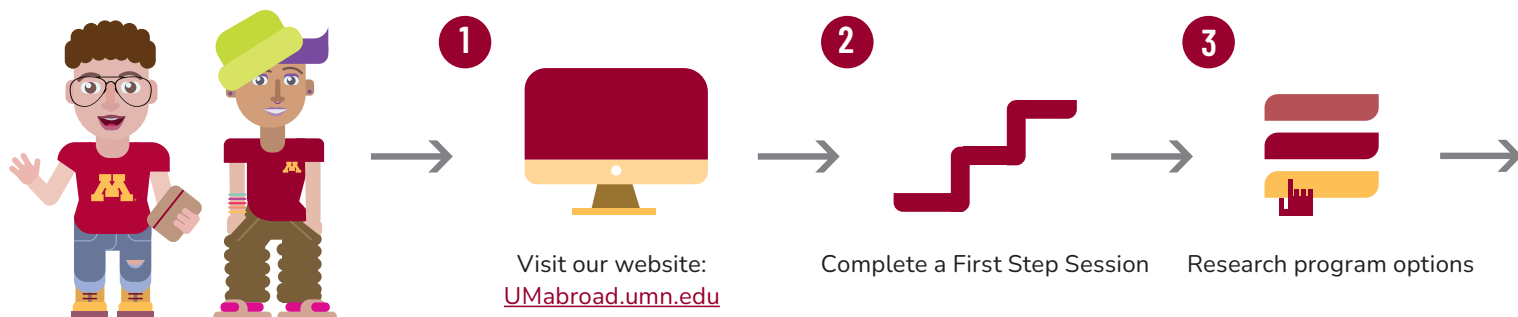


Professionalism



Ability to identify, define, and solve problems

# What's Next?



## LEARNING ABROAD CENTER MISSION STATEMENT

The Learning Abroad Center creates meaningful educational opportunities abroad for students through ethical and innovative engagement within the University of Minnesota and the greater education abroad community.

## UOFM TITLE IX STATEMENT

As required by Title IX, the University does not discriminate on the basis of sex in any of its education programs or activities, including in admissions and employment. Direct inquiries about the application of Title IX to the University's Title IX Coordinators or to the U.S. Department of Education, Office of Civil Rights. See the University of Minnesota's Title IX Statement ([eoaa.umn.edu/resources](https://eoaa.umn.edu/resources)) and the University's policy ([policy.umn.edu/hr/sexharassassault](https://policy.umn.edu/hr/sexharassassault)) for information about (1) how to contact the Title IX Coordinators on the University's campuses; (2) how to report or file a formal complaint of sexual harassment, gender-based harassment, sexual assault, stalking, or relationship violence; and (3) the University's procedures for responding to reports and formal complaints.

## ABOUT THIS VIEWBOOK

The University of Minnesota Learning Abroad viewbook is a publication of the Learning Abroad Center in the Global Programs and Strategy Alliance and is created specifically for University of Minnesota students.

This edition was produced through the collaborative efforts of Ilya Kravchik, Antonia Lortis, Emily Newhall, and numerous other education abroad staff.

All photos and quotations used in the learning abroad viewbook were furnished by study abroad participants or Learning Abroad Center staff. The cover photos were taken in Spain.

The contents of this viewbook and other University bulletins, publications, or announcements are subject to change without notice. This viewbook was published in fall 2023 for programs beginning winter break 2023–24 and later.



# Learning Abroad Center

Congratulations on your curiosity in exploring the world of opportunities available to you through the Learning Abroad Center. Studying or interning abroad is an experience that can open your eyes in many ways; not only will you learn about another culture or global issue and make new friends, but you'll also learn more about yourself and your own culture.

One of the top regrets, particularly among American college graduates, is not studying abroad in college (according to *The Power of Regret: How Looking Backward Moves Us Forward*, Feb. 2022). The Learning Abroad Center's mission is to provide a multitude of outstanding program options, provide guidance in selecting the one that meets your goals, and support you through the entire experience.

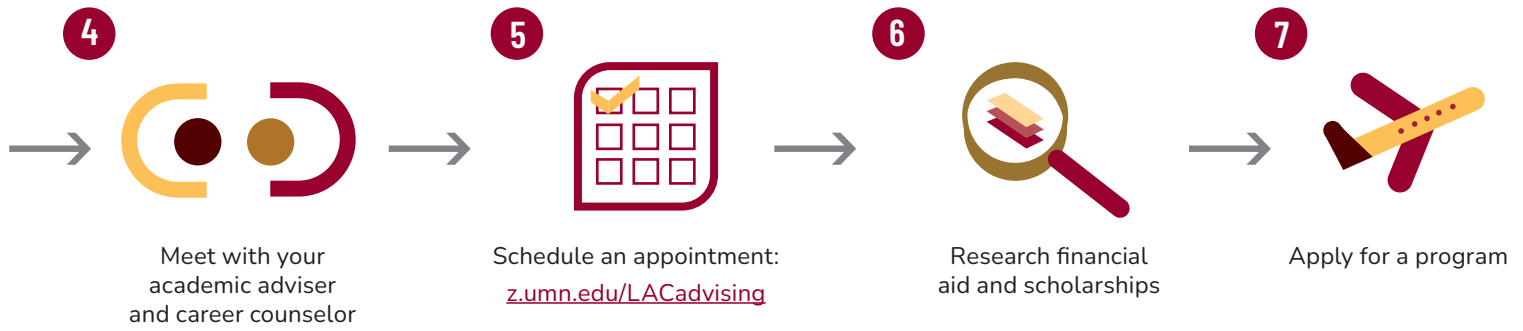
We pride ourselves on providing experiences that expand the minds of students while helping them to build their intercultural competence, develop their career path, and acquire life skills. Students who have returned from abroad will tell you that it helped them develop key skills that employers seek.

We look forward to meeting you and wish you a great adventure ahead.



Sincerely,

Ann Hubbard  
Assistant Dean, Learning Abroad  
Learning Abroad Center



## Ask an Adviser

Take the next step.

### ADVISING SERVICES

- First Step Session
- One-on-one program selection advising
- Financial aid and scholarships
- Advising on non-credit opportunities
- Cultural orientation

### FIRST STEP SESSION

Begin planning your international experience by completing the required First Step Session online. Learn how to research programs, begin academic planning, and explore financial aid and scholarship options.

Schedules are available on our website.

[UMabroad.umn.edu/about/hours](https://UMabroad.umn.edu/about/hours)

### ADVISING AVAILABLE FOR:

- Freshmen through seniors
- International students
- LGBTQIA students
- Parents of students
- Student athletes
- Students of color
- Student veterans
- Students with disabilities
- Transfer students

## LEARNING ABROAD CENTER ADVISING TEAM



Not pictured: Anna DeWitt, Tim Dohmen, Ann Hubbard, Lindsey Lehr, Kate Meyer, Vanessa Walton

Mexico



Ecuador



Senegal



Japan

